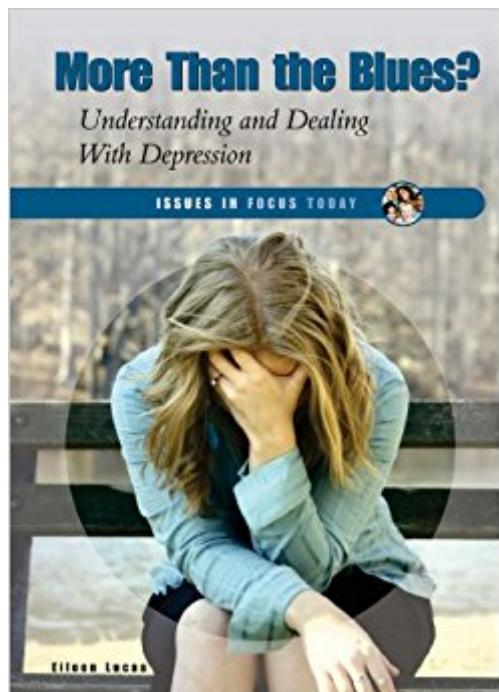


The book was found

# More Than The Blues?: Understanding And Dealing With Depression (Issues In Focus Today)



## Synopsis

Depression is believed to be the most common mental health disorder, estimated to affect about 20 percent of the population. Yet the causes and treatments are often misunderstood. Eileen Lucas describes the symptoms and causes of the disorder, and she explores the types of treatment that offer hope for it. The issue is discussed from both personal and societal perspectives.

## Book Information

Series: Issues in Focus Today

Library Binding: 112 pages

Publisher: Enslow Publishers (June 1, 2009)

Language: English

ISBN-10: 0766030652

ISBN-13: 978-0766030657

Product Dimensions: 6.5 x 0.5 x 9.3 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #5,037,559 in Books (See Top 100 in Books) #47 in Books > Teens >

Social Issues > Suicide #230 in Books > Teens > Personal Health > Depression & Mental

Health #1832 in Books > Self-Help > Death & Grief > Suicide

[Download to continue reading...](#)

More Than the Blues?: Understanding and Dealing with Depression (Issues in Focus Today)

Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay

Happy For Life (depression cure, postpartum depression, ... depression self help, depression free)

Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life

(depression cure, depression books, depression and anxiety, ... emotional intelligence, mood

disorders) The Abortion Debate: Understanding the Issues (Issues in Focus Today) The Depression

Workbook: A Guide for Living with Depression and Manic Depression, Second Edition Postpartum

Depression: How to Overcome Postpartum Depression and Be a Happy Mom (Postnatal

Depression) Teen Depression: A Parent's Guide for Recognizing the Signs of Teenage Depression

and Helping Your Child Find Happiness Again ~ ( Help for Depression in Teens ) Postpartum

Depression Cure: The Self-Help Guide To Overcome Depression After Childbirth (Post partum

anxiety, Post partum weight loss, Post partum depression) Bolivia in Focus: A Guide to the People,

Politics, and Culture (In Focus Guides) (The in Focus Guides) Build Your Online Community:

Blogging, Message Boards, Newsgroups, and More (Issues in Focus Today) Focus On Lighting Photos: Focus on the Fundamentals (Focus On Series) The Caged System and 100 Licks for Blues Guitar: Complete With 1 hour of Audio Examples: Master Blues Guitar (Play Blues Guitar Book 5) 48 Razor-Sharp 12-Bar Blues Riffs for Swing Bands and Blues Bands: B Flat Instruments Edition (Red Dog Music Books Razor-Sharp Blues Series) 48 Razor-Sharp 12-Bar Blues Riffs for Swing Bands and Blues Bands: Guitar Edition (Red Dog Music Books Razor-Sharp Blues Series) Blues Harmonica Method, Level 2 Book/CD Set An Essential Study of Blues for the Intermediate Player in the Tongue Block Style (School of the Blues) Blues Harmonica, Level 1: An Essential Study of Blues for the Beginning Player in the Tongue (School of Blues) Uptempo Blues: Blues Play-Along Volume 10 (Hal Leonard Blues Play-Along) Christmas Blues - Blues Play-Along Volume 11 (Book/Cd) (Hal Leonard Blues Play-Along) Texas Blues: Blues Play-Along Volume 2 (Hal Leonard Blues Play-Along) Beyond the Blues, Understanding and Treating Prenatal and Postpartum Depression & Anxiety

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)